

HCE – HYDRO CELL ENHANCER

10 Performance

What it is:

- **HYDRO CELL ENHANCER** is a water additive that provides an abundance of nutrients and plant extracts that work to hydrate the body and keep proper acid-base balance.
- **HYDRO CELL ENHANCER** enhances the absorption and effectiveness of other nutrients you take in daily.

Why take it:

- Due to our farming, our soil is depleted of essential vitamins and minerals making it very challenging to get the vital nutrients we need from food alone and can lead to dehydration. When we are dehydrated, we cannot perform our best.
- *Hormone-Balance:* Reduces the number of free radicals and consequently boosts testosterone.
- *Hydration:* By helping your body stay hydrated, the water inside and outside the cells of contracting muscles can provide adequate nutrients and removes waste efficiently so you perform better.
- *Nutrient Absorption and Effectiveness:* Flushes the toxins from your body, clears the cell walls, and as a result your body is going to absorb more nutrients.
- *Antioxidant Activity:* Assists in eliminating heavy metals and other unwanted free radicals from your body.
- *Fatigue Resistance:* Proper hydration, diet, exercise and sleep will ensure your day is full of energy.
- *pH Balance:* Provides your body with the proper minerals to create an alkaline environment which is going to raise your pH.
- *Heart Health:* Supports less free cardiovascular damage by clearing all the free radicals.
- *Memory Health:* Increases testosterone levels that help with cognitive function.
- *Healthy Aging:* Detoxing and mineralizing adds years to your life.

How it works:

- **HYDRO CELL ENHANCER** helps detox the body using chelating agents (Shilajit) to remove heavy metals from the body.
- Since all foods containing minerals will have both good and bad minerals, it is essential to test every source of shilajit for levels of mercury, lead and arsenic. **10 Performance** uses only the highest quality shilajit on the market, called PrimaVie Shilajit.

Who should take it:

- Everyone – both children and adults.

Dosage:

- Add drops to your water.
- The recommended usage is 3 times per day for best results: 5 drops in the morning, 5 drops at noon, and 5 drops in the evening.
- Use this product on an empty stomach for best absorption results.

Ingredients:

- Aloe Vera: contains glucomannans that could enhance the transportation of nutrients into cells making those nutrients more bioavailable and effective.
- Lycium Berries: Berries contain unique polysaccharides that have been documented to have positive effects on energy levels, athletic performance, stamina, endurance, metabolism, glucose control and cell protection.
- Shilajit: Designed by nature to enhance the absorption, stability and effectiveness of nutrients in the body. Contains a blend of acids and organic plant minerals to nourish cells.
- Other: purified water, organic grape alcohol

FAQ's:

- Can I use too much?
 - 1 full dropper (30 drops) is the maximum recommended amount per day. A mega dose of minerals can have uncomfortable side effects.
- Can I still drink coffee while using this product?
 - Yes, but remember, the ingredients of **HYDRO CELL ENHANCER** help you absorb the caffeine more. The same goes for alcohol too.

