

10 Performance

General FAQ's

- **Why are 10 Performance products so popular in the All Natural Health Industry?**
 - Our velvet antler products are controlled entirely by us from raising the elk on our farms to bottling the final products in our FDA compliant lab in Tampa, FL. This ensures that the final product is the purest single source of IGF-1 and other superfood materials. We are 100% farmed and manufactured in the United States.
 - We use a ratio of 43:1 for our products, which means we begin the process with 43 pounds of antler material and extract it down to only 1 pound of the purified product.
 - Our unique 3 step extraction process allows us to provide velvet antler extract that is the most bio-actively available on the market.
- **Are 10 Performance products all-natural?**
 - Yes, here at 10 Performance™, we only use the highest quality of all-natural, raw materials. Our products have no binders, chemicals, or fillers and no raw material has been touched with GMO or other potentially harmful ingredients.
 - So, this means that **ALL** of our products are **100% CLEAN!**
- **Can I take more than one supplement at a time?**
 - Our products are designed to complement each other, however, there are a few products that we recommend you don't take at the same time such as:
 - PME & BBC – because they both contain vitamin B.
 - If you are taking the PME supplement, and you want to also use the RPM supplement, we recommend that you don't take them in the same dose. You can take PME in the morning and take RPM at night.
- **Who are your supplements for?**
 - Our supplements are designed for individuals who are seeking to bring and maintain homeostasis (balance) back into your body. Our supplements help jump start and enhance a healthy lifestyle.
 - As with taking any supplement, if you are taking any prescription medicines, we recommend that you consult with your doctor before starting on any supplements.
- **Can I cancel at any time?**
 - Yes, you can cancel your Auto-ship at any time.
- **Do I have a recurring charge?**
 - No, the only monthly charge would be your Auto-ship if you sign up for that.
- **Can I order and ship to another state?**
 - Yes, when you place your order, you will have the option for the billing and shipping information to be different.
- **What makes sublingual (liquid) better?**

- Oral routes of delivery offer major advantages over traditional encapsulated formulas. This process avoids the degrading action of the gastrointestinal tract's poor absorption in the intestines, and of the metabolism in the liver, which may decrease the bioactivity of traditional ingested tablets by 90%.
- **Can I use your products every day?**
 - Most of our products can be used daily. This is because we don't use added ingredients (GMO, fillers, flow agents)
- **Can my children use your supplements?**
 - The only supplements we have that kids can use are any of our PROCLEIN Powders and the HYDRO CELL. Any of our other products may have some side effects. Children could also use our TPR for injuries or skin rashes such as Eczema.
- **When do I take the products?**
 - Each product is different. Please read the labels and set up a meeting with a product specialist if you have more questions.
- **Can I take your supplements on an empty stomach?**
 - To get the most out of the products, we recommend that you use them on an empty stomach.
- **If I am taking a prescription[®] from my doctor, can I use your products?**
 - We recommend that you consult with your primary doctor first.
- **Can I drink alcohol with your products?**
 - You may experience some side effects if you drink alcohol while taking our products. This is due to our products containing ingredients that enhance absorption.
- **How long will a product last once it's opened?**
 - Most of our products that contain Grape Seed Alcohol have a shelf life of up to 2 years.
- **How long does it take for me to notice results?**
 - Most of our products can take up to 2 weeks before you start to see the results. This is because some of our ingredients need to build up in your system.
- **I have a rash after using your product.**
 - Please discontinue use if you are experiencing any side effects.

